

Biography of Rita F. Redberg, M.D., M.Sc.

Rita F. Redberg is a medical doctor licensed to practice medicine in California. She is a practicing cardiologist, and is board certified in internal medicine and in the subspecialty of cardiovascular disease. She is a Fellow of the American College of Cardiology, the American Heart Association Council on Clinical Cardiology, and the American Heart Association Council on Epidemiology and Prevention.

Dr. Redberg was the Principle Investigator for an R01, which studied the effects of exercise on heart disease in women and has numerous publications in this field. She also served on the American Heart Association Women and Heart Disease Task Force and is part of the Choose to Move Writing Group for the American Heart Association. She directed an American College of Cardiology Extramural Program for the past three years on Heart Disease in Women. Dr. Redberg started an American Heart Association on Women in Cardiology Committee.

She is on the editorial board of the *Journal of American College of Cardiology*, and *American Heart Journal*. She also serves as a manuscript reviewer for several additional medical journals, including, among others, *the American Journal of cardiology*, the *Journal of the American Medical Association*, and the *Journal of the American Society of Echocardiography*. She has authored numerous articles, books, and book chapters in the areas of cardiology and echocardiography, and has lectured throughout this country and abroad on topics in those fields. She has also received several grants to support her research in these areas.

Dr. Redberg is currently Associate Clinical Professor of Medicine at the University of California, San Francisco (UCSF) Medical Center, San Francisco, California (1996-present). She is also Research Director of UCSF National Center of Excellence in Women's Health, San Francisco, California. She is a co-founder of Women's Health Access, Department of Medicine, UCSF Medical Center. From 1991 to 1996, she was an Assistant Clinical Professor of Medicine and Anesthesia, and Assistant Director of the Echocardiography Laboratory, at UCSF Medical Center in San Francisco. From 1998 to 1990, she was an attending cardiologist at Beth Israel Medical center and Director of the Cardiology Laboratory at Beth Israel Medical Center-North in New York, New York. She also taught at Mount Sinai School of Medicine in New York City from 1998 to 1990: from 1988 to 1989, she was an Instructor in Medicine, and from 1989 to 1990, she was an Assistant Professor of Medicine.

Dr. Redberg graduated from Cornell University, College of Arts & Sciences, Ithaca, New York, in 1977 (B.A.). In 1981, she obtained a Master of Science in Health Policy and Administration from the London School of Economics in London, England. In 1982, she graduated from the University of Pennsylvania school of Medicine (M.D.). From 1982 to 1985, she completed her internship and residency at Columbia-Presbyterian Medical Center in New York, New York, and from 1985 to 1987, she was a Fellow in Cardiology, also at Columbia-Presbyterian Medical center. From 1987 to 1988, she completed a fellowship in non-invasive cardiology at Mount Sinai Medical Center in New York. She received additional training at the Cardiovascular Research Institute at UCSF Medical Center in San Francisco from 1990 to 1991.

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