

# Health Professional Team Checklist

*“Alone we can do so little; together we can do so much.” — Helen Keller*



## CHOOSE TO MOVE<sup>SM</sup>

- ☐ Complete and fax *Health Professional Team Registration Form* and *Team Profile* to Attn: **Choose To Move** at (214) 706-5244.
- ☐ Distribute registration packets to team members.
- ☐ Collect and mail registration forms to **Choose To Move** at address below.
- ☐ Conduct Team Assessment Meeting. Screen and provide *Participant Assessment Form* to each team member.\*
- ☐ Organize at least three (3) activities for your team. Look at the *“Move and Groove” Activities* for ideas.
- ☐ Complete *Health Professional Activity Sheet* for each activity.
- ☐ Complete *Health Professional Team Evaluation*.
- ☐ Collect and mail these forms to us at the end of the **Choose To Move** program.

*Health Professional Activity Sheets*

*Health Professional Team Evaluation*

*Post Program Forms for Each Team Member* (Located in the back of the **Choose To Move** handbook.)

Our mailing address is:

**American Heart Association**

**Attn: Choose To Move**

**7272 Greenville Ave.**

**Dallas, TX 75231**

If you have any questions, please e-mail us at [ctm@heart.org](mailto:ctm@heart.org).



Bayer Aspirin®, maker of the Bayer Women's Aspirin Plus Calcium is a proud sponsor of the Choose To Move program for women.